

# First Aid & Medical Items Checklist

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| <input type="checkbox"/> Prescription medicines                | <input type="checkbox"/> Cough drops                     |
| <input type="checkbox"/> Band-Aids and gauze bandages etc.     | <input type="checkbox"/> Upset stomach liquid or tablets |
| <input type="checkbox"/> Disinfectant for wounds and abrasions | <input type="checkbox"/> Fever thermometer               |
| <input type="checkbox"/> Rubbing alcohol                       | <input type="checkbox"/> Petroleum jelly                 |
| <input type="checkbox"/> Headache tablets                      | <input type="checkbox"/> Lip balm                        |
| <input type="checkbox"/> Antacids                              | <input type="checkbox"/> _____                           |
| <input type="checkbox"/> Insect repellent                      | <input type="checkbox"/> _____                           |
| <input type="checkbox"/> Antihistamines (tablets/gel/ointment) | <input type="checkbox"/> _____                           |
| <input type="checkbox"/> Cold tablets                          | <input type="checkbox"/> _____                           |
| <input type="checkbox"/> Antiseptic such as Bactine            | <input type="checkbox"/> _____                           |